

ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			WELLNESS WEDNESDAYS	4:00 - 4:15 WELCOME 4:15 - 4:45 EXERCISE 4:45 - 5:15 DINNER 5:15 - 7:00 GAMES 7:00 - 7:15 SNACK 7:15 - 8:00 MONOPOLY 8:00 - 8:15 BED CHECK	4:00 - 4:15 WELCOME 4:15 - 4:45 CARDS 31 4:45 - 5:15 DINNER 5:15 - 7:00 CHECKERS 7:00 - 7:15 SNACK 7:15 - 8:00 UNO 8:00 - 8:15 BED CHECK	7:40 - 8:05 BREAKFAST 10:00 - 10:15 COFFEE 11:40 - 12:05 LUNCH 2:00 - 2:15 SNACK 4:40 - 5:05 DINNER 7:00 - 7:15 SNACK
5	6	7	8	9	10	11
7:40 - 8:05 BREAKFAST 10:00 - 10:15 COFFEE 11:40 - 12:05 LUNCH 2:00 - 2:15 SNACK 4:40 - 5:05 DINNER 7:00 - 7:15 SNACK	4:00 - 4:15 WELCOME 4:15 - 4:45 BOWLING 4:45 - 5:15 DINNER 5:15 - 7:00 GAMES 7:00 - 7:15 SNACK 7:15 - 8:00 CRAFTS 8:00 - 8:15 BED CHECK	4:00 - 4:15 WELCOME 4:15 - 4:45 CARDS 4:45 - 5:15 DINNER 5:15 - 7:00 BINGO 7:00 - 7:15 SNACK 7:15 - 8:00 POKER 8:00 - 8:15 BED CHECK	WELLNESS WEDNESDAYS	4:00 - 4:15 WELCOME 4:15 - 4:45 EXERCISE 4:45 - 5:15 DINNER 5:15 - 7:00 GAMES 7:00 - 7:15 SNACK 7:15 - 8:00 MONOPOLY 8:00 - 8:15 BED CHECK	4:00 - 4:15 WELCOME 4:15 - 4:45 CARDS 31 4:45 - 5:15 DINNER 5:15 - 7:00 CHECKERS 7:00 - 7:15 SNACK 7:15 - 8:00 UNO 8:00 - 8:15 BED CHECK	7:40 - 8:05 BREAKFAST 10:00 - 10:15 COFFEE 11:40 - 12:05 LUNCH 2:00 - 2:15 SNACK 4:40 - 5:05 DINNER 7:00 - 7:15 SNACK
12	13	14	15	16	17	18
7:40 - 8:05 BREAKFAST 10:00 - 10:15 COFFEE 11:40 - 12:05 LUNCH 2:00 - 2:15 SNACK 4:40 - 5:05 DINNER 7:00 - 7:15 SNACK	4:00 - 4:15 WELCOME 4:15 - 4:45 BOWLING 4:45 - 5:15 DINNER 5:15 - 7:00 GAMES 7:00 - 7:15 SNACK 7:15 - 8:00 CRAFTS 8:00 - 8:15 BED CHECK	4:00 - 4:15 WELCOME 4:15 - 4:45 CARDS 4:45 - 5:15 DINNER 5:15 - 7:00 BINGO 7:00 - 7:15 SNACK 7:15 - 8:00 POKER 8:00 - 8:15 BED CHECK	WELLNESS WEDNESDAYS	4:00 - 4:15 WELCOME 4:15 - 4:45 EXERCISE 4:45 - 5:15 DINNER 5:15 - 7:00 GAMES 7:00 - 7:15 SNACK 7:15 - 8:00 MONOPOLY 8:00 - 8:15 BED CHECK	4:00 - 4:15 WELCOME 4:15 - 4:45 CARDS 31 4:45 - 5:15 DINNER 5:15 - 7:00 CHECKERS 7:00 - 7:15 SNACK 7:15 - 8:00 UNO 8:00 - 8:15 BED CHECK	7:40 - 8:05 BREAKFAST 10:00 - 10:15 COFFEE 11:40 - 12:05 LUNCH 2:00 - 2:15 SNACK 4:40 - 5:05 DINNER 7:00 - 7:15 SNACK
19	20	21	22	23	24	25
7:40 - 8:05 BREAKFAST 10:00 - 10:15 COFFEE 11:40 - 12:05 LUNCH 2:00 - 2:15 SNACK 4:40 - 5:05 DINNER 7:00 - 7:15 SNACK	4:00 - 4:15 WELCOME 4:15 - 4:45 BOWLING 4:45 - 5:15 DINNER 5:15 - 7:00 GAMES 7:00 - 7:15 SNACK 7:15 - 8:00 CRAFTS 8:00 - 8:15 BED CHECK	4:00 - 4:15 WELCOME 4:15 - 4:45 CARDS 4:45 - 5:15 DINNER 5:15 - 7:00 BINGO 7:00 - 7:15 SNACK 7:15 - 8:00 POKER 8:00 - 8:15 BED CHECK	WELLNESS WEDNESDAYS	4:00 - 4:15 WELCOME 4:15 - 4:45 EXERCISE 4:45 - 5:15 DINNER 5:15 - 7:00 GAMES 7:00 - 7:15 SNACK 7:15 - 8:00 MONOPOLY 8:00 - 8:15 BED CHECK	4:00 - 4:15 WELCOME 4:15 - 4:45 CARDS 31 4:45 - 5:15 DINNER 5:15 - 7:00 CHECKERS 7:00 - 7:15 SNACK 7:15 - 8:00 UNO 8:00 - 8:15 BED CHECK	7:40 - 8:05 BREAKFAST 10:00 - 10:15 COFFEE 11:40 - 12:05 LUNCH 2:00 - 2:15 SNACK 4:40 - 5:05 DINNER 7:00 - 7:15 SNACK
26	27	28	29	30	31	1
7:40 - 8:05 BREAKFAST 10:00 - 10:15 COFFEE 11:40 - 12:05 LUNCH 2:00 - 2:15 SNACK 4:40 - 5:05 DINNER 7:00 - 7:15 SNACK	4:00 - 4:15 WELCOME 4:15 - 4:45 BOWLING 4:45 - 5:15 DINNER 5:15 - 7:00 GAMES 7:00 - 7:15 SNACK 7:15 - 8:00 CRAFTS 8:00 - 8:15 BED CHECK	4:00 - 4:15 WELCOME 4:15 - 4:45 CARDS 4:45 - 5:15 DINNER 5:15 - 7:00 BINGO 7:00 - 7:15 SNACK 7:15 - 8:00 POKER 8:00 - 8:15 BED CHECK	WELLNESS WEDNESDAYS	4:00 - 4:15 WELCOME 4:15 - 4:45 EXERCISE 4:45 - 5:15 DINNER 5:15 - 7:00 GAMES 7:00 - 7:15 SNACK 7:15 - 8:00 MONOPOLY 8:00 - 8:15 BED CHECK	4:00 - 4:15 WELCOME 4:15 - 4:45 CARDS 31 4:45 - 5:15 DINNER 5:15 - 7:00 CHECKERS 7:00 - 7:15 SNACK 7:15 - 8:00 UNO 8:00 - 8:15 BED CHECK	7:40 - 8:05 BREAKFAST 10:00 - 10:15 COFFEE 11:40 - 12:05 LUNCH 2:00 - 2:15 SNACK 4:40 - 5:05 DINNER 7:00 - 7:15 SNACK